



## LOVE IS THE ESSENCE OF OUR BEING

### Corporate Chics, the Book is available!

Koilya is an Atlanta socialite who thinks she has it all: beauty, fiancée, money, and friends. She is living the high life, but she soon finds out that through many bad decisions; it tears her life apart. Corporate Chics, is the 1st novel for expert blogger and writer Tawana Necole. Written in IM format, Corporate Chics takes you on one woman's journey of life after college. As she attempts to balance corporate America and her personal life, we (the readers) are reminded that life is not easy! Corporate Chics is not only the name of her book, but Tawana has created a brand and movement for small businesses and women entrepreneurs.



### Corporate Chics, LLC Offers Free Services!

Everything listed on our Home page all can be provided to you at no cost. If you have general questions, or need to speak with a Corporate Chics Consultant concerning anything listed, we are here to help you get started.

The services that we offer our customers and clients are absolutely

### Corporate Chics Client Update

Check out CMFST! Creating Minds for successful Thinking is a grassroots, Non-Profit community outreach for urban High School Students. We educate the urban youth through global experiences and demonstrated leadership in an effort to build a foundation of commitment and determination to move forward in their successes no matter the challenges, obstacles, hurdles or adversaries that stand in their way. CMFST provides quality, life enriching services.



[www.CMFST.org](http://www.CMFST.org)

### Black History Month & Love: How they are Connected

February has two very essential subjects that are emphasized: **Black History Month & Love**. Black history Month has been apart of my life ever since I could read and write. My parents always taught the importance of learning "our" history and why it was vital to my growth as an African American Female. Many people believe that our history involves specifically how we were traded into slavery and the strides we made as a culture since then, however, the neglect all the positive occurrences we made. There are some inventions that many don't know about. As an adolescence, I can only recall learning about the leaders of the 1900s. True, they are and will always remain significant; however, there are many others that we must gain knowledge of and educate others about. There are certain things we wouldn't have been able to do if it had not been for some of my ancestors. We cover an array of industries!



Love. OMG, that word is the epitome and essence of our being. Nothing else really matters in life if one does not possess this fruit. Our Maker and Universe is the source of Love and we shouldn't celebrate it only on February 14. Love should be expressed every second, every minute, every hour, and every day our lives. Love encompasses the fruit of the spirit: {faithfulness, gentleness, goodness, joy, peace, temperance/self-control, long-suffering/patience, and meekness} The adjectives listed prior, all make up the four letter word. Daily we must become aware of it and infectiously spread it. (TNG)

Ok, so the last time, my fingers and mind had an opportunity to present what was going on in my world, I was fifteen days into my fast. I promised to keep you all updated bi-weekly but of course that didn't happen. HOWEVER, I am going to keep my promise on the update and if I completed it or not.



So during the first three weeks, I was ready! I was focused, determined and I had a paw-tna. We would call each other each day to check our status and to ensure that our temptations didn't get the best of us. But momentum began to fail and so did my persistence and determination to finish. I kept holding on to, "it's only 42 days out of the year to sacrifice." Why not? I kept thinking to myself, I have 20 pounds to lose until I am sitting at my perfect weight, and sexy stance, so why not? Why not demonstrate to myself that I am in control of my mind. Everyone kept saying how they could never get through the seven day water fast. Let alone the meat I'd decided to give up three weeks prior. With all these thoughts flooding my mind; my spirit took over. Being knowledgeable in a subject not only forces you to continuously be a student to life, but it ensures that you imply and apply what you have learned.

Persistence and never giving up hope are the two vital keys when trying to reach success. Quitters never win and winners never quit. It's a true statement. I have only 4 days left. Throughout this cleansing process, I learned a lot as to why I couldn't get the weight off. But besides that, I learned even more about my Creator. He is such a gentleman. He doesn't step on toes, he allows us to be us, he gives us warnings (whether we listen to him or not) and he always forgives when we ask. What more can you ask for in a man? And not only that, he promises to give you whatever you want. (TNG)



Sisters Striving for Excellence, Inc. presents a **Girl's Night Out/Dress for Success Fashion Show** Sunday, February 28, 2010 6:00pm

WHITE BLANK 1120 Peachtree Hwy Suite 100 Marietta, GA 30067

RSVP by email to your hostess: [info@sistersstrivingforexcellence.org](mailto:info@sistersstrivingforexcellence.org) by February 15, 2010.

This event is sponsored by SSE, Inc. and Dress for Success, Inc. Atlanta

**RAFFLE** Donations: \$10.00 per ticket. Enter today for your chance to win a \$100.00 gift certificate to White House Black Market. Certificate can be redeemed at any location. See the National Executive Board Member TODAY! for your chance to win!