



July 2010

Experiences ~ Encouragement ~ Empowerment

### Introduction

Building and Maintaining Relationships are essential in life. Four of the Ten Commandments deal with our relationship with God while the other six deal with our relationships with people. BUT all are about relationships. Any type of "ship" that you are involved with will leave an impact or impression in your life. Partnerships, Friendships, Relationships, Fellowships, all involve someone else. So controlling emotions and real maturity shows in every instance. The old saying, "Never burn a bridge" is a FACT. Because nine times out of ten you will have to cross back over it. This is why it is vital to understand that every person you have an experience with, is apart of your growth. (TNG)



### Experiences

Your experiences should encourage and empower others.

#### BlogLive: Atlanta

If you don't already, eventually—either for business or pleasure—you will,

**Face/Forward is doing it AGAIN! We are taking the blogging bug to IRL (in real life) status by stepping out from behind our laptops and onto BlogLive: Atlanta!**

**Face/Forward** will be hosting this event at tahCha Tea House on Saturday, July 10th from 3:00pm -5:30pm! Network with us while chatting up hot topics like social faux pas, best & worst practices, and "Hot Now" media issues.

Be there promptly to meet our expert panelists specifically chosen for their expertise in business, media, and life skills.

#### A New York Times Best Seller!

Corporate Chics the book, turned brand and movement written by Tawana Necole, is a reality based story of a recently graduate college female who has transitioned into the corporate world. The highlight of her days are the conversations through Instant Messaging with her co-workers. No topic or situation is **Off Limits** in this environment!

Through friendships with co-workers in her new role, she is on a consistent journey of learning all about life through their mistakes but most importantly her experiences. On this journey, Koiyla learns vital lessons about finances, marriage, sex, love, false perceptions, envy, friendship, and infidelity. If she doesn't wake up and realize that her selfishness is the reason for the misfortune she is encountering, she could ultimately lose everything that she has worked so hard to obtain.



**CORPORATE CHICS IS A MOVEMENT. SHE IS NOT A WOMAN WITH JUST ACCOULADES, A BRIEF CASE, OR DESIGNER SUIT. SHE IS A SPIRITUAL BEING THAT IS ENCOUNTERING HUMAN EXPERIENCES. SHE IS NOT PERFECT, BUT SHE IS UNSTOPPABLE, AND COURAGEOUS. SHE IS U.**

### Empowerment

Sometimes its hard to "let it go." How long have you heard the cliché *just let it go?* It is much easier said then done.

There are things I have been trying to let go since forever; especially bad habits. There are people that I have been trying to let go. But what I have realized is that when your emotions are attached to something it is difficult to mean it, if your heart isn't in line with your thoughts. We harbor over things when we say, "I am done with it." We think about it, we worry about it, and we even throw in possibilities of shoulda, woulda, coulda's.

I have a friend that dated this guy for about two years, and like any couple they went through break-ups. But the very last time she decided to be done with him, she was. After being single for about six weeks, people would continuously ask her if she had spoken to him and one of the final time (because she didn't want to hear about him any more), she asked "why are people asking me about him. I know we've been though this several times, but when I released him from my heart, I was through." She **let him go** and her actions, thoughts and heart were all harmonious.

My business partner and I coordinated an event several months ago. The producer of the event took forever to edit and provide the video footage. After tugging on their coat tails for about four months, we both gave up on getting the footage. The very next day, the footage was provided to us; edited to perfection!

It is important to LET THINGS GO!

**And mean it.** When you do, you are making room for blessings, love, peace, and happiness. (TNG)

### Encouragement

Wisdom is learning the truth sooner than later.  
(Rick Warren)

#### Five Ways to Build & Maintain Relationships

##### I. Honesty

Real relationships (whether it is a marriage, a friendship, or a partnership) depends on being authentic or frank with the person.

##### II. Humility

A humble attitude will open doors and present opportunities that money can not purchase.

##### III. Courtesy

One key to courtesy is to understand where people are coming from. Discover their history.

##### IV. Confidentiality

The only way to deepen relationships is when there is trust and loyalty. This is when they will open up and share their deepest hurts, needs, and mistakes. It is then up to you to NEVER share this information with anyone.

##### V. Frequency

Relationships take time but you must invest time into the relationship, frequently.

Some information taken from *The Purpose Driven Life* by Rick Warren

Be sure to check out the website for updates, inspiration, and events!

{[www.CorporateChics.net](http://www.CorporateChics.net)}