

January 2010 is a Genesis for many. This month we take the time to evaluate,

Rule 5: Learning Does Not End



There is no part of life that does not contain lessons. If you are alive, there are lessons to be learned.

~Striving to get all the details of life under control is impossible, because life will present new lessons daily.

~You never actually finish all your lessons, for as long as you are alive, there are lessons to learn.

~Your journey on Earth is constantly unfolding, and while your wisdom grows and your capacity to deal with challenges expands, new lessons will present themselves.



~Life is a year-round school from which you never actually graduate, so it is the learning process itself that brings true value to existence.

~The challenge of Rule Five is to embrace your role as a perpetual student of life. This means giving in to the idea that you actually don't know everything that you need to, and you never will.

~In order to rise to the challenge of embracing your role as perpetual student, you need to learn the lessons of surrender, commitment, humility, and flexibility.



1. Surrender - the transcendence of ego and the release of control.

A. When you surrender to your lessons that arise, you allow yourself to flow with the rhythm of life, rather than struggling against it.

B. The key to coming to peace with your role as a perpetual student lies in surrendering to what is, rather than trying to create what you envision should be.

C. If resistance has been a theme throughout your life, then surrender will appear in your curriculum.

D. If you surrender to the fact that the universe will always present you with lessons, over and over again, you can stop trying to second guess the divine plan.

If LIFE is a Game, THESE are the Rules
Cherie Carter-Scott, Ph.D.
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2. Commitment - devoting yourself to something or someone and staying with it--no matter



what

A. As you come to embrace your role as a matriculating student, you need to make a commitment to yourself and the universe to learning and mastering your lessons.

B. If you have this lesson in your life path, it will show up as an inability to make choices or to stick to choices already made.

C. If you look at anyone who is a good student, you will see a shining example of commitment.

3. Humility - confident, but modest sense of merits; also understanding limitations

A. The moment you think you have seen everything or know it all, the universe senses arrogance and gives you a great big dose of humility.

B. Humility is the lesson that stings, for along with it usually comes some kind of loss or downfall.

C. The universe likes to keep things in balance, so when an inflated ego ignores civility and patience, it introduces humility as a way to bring the ego back down to Earth.



4. Flexibility - being adaptable to change.

A. In the course your lifetime, you will be tempted to try to hold on to what is, when in fact, what is is only a temporary phase that evolves almost immediately into what was.



B. In order to truly embrace your role as a student of life, you need to cultivate the ability to move easily from "knowingness" to "not-knowingness," which in turn moves you from master to student again and again.

C. You learn the lesson of flexibility once you are able to flow with what is coming next rather than clinging to the way things are presently.

Conclusion

~Surrender doesn't obstruct our power; it enhances it.

Marianne Williamson

~Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."

Thomas Edison

~And when you have reached the mountain top, then you shall begin to climb.

Kahlil Gibran

~To improve is to change; to be perfect is to change often.

Winston Churchill