



# 2010: The Year of Mission and Miracles

### +++No Fear Here+++

“2010 is going to be a year full of Abundance. So put the past behind you and move forward!” That was one of the sentences I professed in the last newsletter. Now that we all are presented with a new year, it’s time to put the past in the past, and allow our future to be the golden brick road to walking in our purpose. The time is **NOW** to act on all of your passions and ambitions that you have been putting off. Procrastination is another word for fear. I recommend starting your new year by accomplishing something that you have never done before. This saying is definitely true: *In order to experience or obtain something that you have never experienced, you must do something that you have never done and step outside of your comfort zone to achieve it. If you don’t try, you will NEVER know the outcome.* This is the year of **Mission**. Make it happen! Some great books to read to jump start your motivation are “Think and Grow Rich” by Napoleon Hill or “The Chic Entrepreneur” by Elizabeth Gordan. You can make your dreams a reality when you focus on making them a reality. I am a living result! Happy New Year!!! (TNG)

### Corporate Chics Client Highlight

Peggy Johnson, CEO of Fabulous Pooches, has

created an innovative idea for pet lovers and anyone involved in the pet industry. She has recognized that this is an untapped market and wanted to create a brand that will be here for years to come.



### 2010 Handbook

#### Health:

1. Drink plenty of water.
2. Eat breakfast like a king, lunch like a prince and dinner like a beggar.
3. Eat more foods that grow on trees and plants and eat less food that is manufactured in plants..
4. Live with the 3 E's -- Energy, Enthusiasm and Empathy
5. Make time to pray.
6. Play more games
7. Read more books than you did in 2009 .
8. Sit in silence for at least 10 minutes each day
9. Sleep for 7 hours.

#### Personality:

11. Don't compare your life to others. You have no idea what their journey is all about.
12. Don't have negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
13. Don't over do. Keep your limits.
14. Don't take yourself so seriously. No one else does.
15. Don't waste your precious energy on gossip.
16. Dream more while you are awake
17. Envy is a waste of time. You already have all you need..
18. Forget issues of the past. Don't remind your partner with His/her mistakes of the past. That will ruin your present happiness.
19. Life is too short to waste time hating anyone. Don't hate others.
20. Make peace with your past so it won't spoil the present.
21. No one is in charge of your happiness except you.
22. Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away like algebra class but the lessons you learn will last a lifetime.
23. Smile and laugh more.
24. You don't have to win every argument. Agree to disagree...

### January 2010



Face/Forward is a new and exciting brand created by

Akilah Richards and Tawana Gibbs. Execumama Enterprises and Corporate Chics, LLC are two companies that have very similar concepts. The two women met over lunch to discuss the possibility of creating networking events and it has been history in the making since then! For more information visit [www.Face-Forward.com](http://www.Face-Forward.com).



### A New York Times Best Seller!

Corporate Chics the book, is an entertaining novel about a beautiful, educated, Native American who recently graduated college and has entered the corporate world.



Through friendships with co-workers in her new role, she is on a consistent journey of learning all about life through their mistakes but most importantly her experiences. On this journey, Koiya learns vital lessons about finances, marriage, sex, love, false perceptions, envy, friendship, and infidelity. If she doesn't wake up and realize that her selfishness is the reason for the misfortune she is encountering, she could ultimately lose everything that she has worked so hard to obtain. Women from all walks of life can relate to the story and the issues it explores.

Be sure to check out next month issue! We will highlight another client, provide positive inspiration and knowledge, provide the next Face/Forward Event info, and pass along the rest of the 2010 Handbook!